

Read Online Overcoming Addictions The Spiritual Solution Chopra Deepak

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Overcoming Addictions The Spiritual Solution

I decided on Deepak Chopra's wonderful book on addictions called "Overcoming Addictions: A Spiritual Solution". At first, my professor vetoed the book because she wanted me to read a more traditional ...

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Addictions Occur When There is a 'Hole on your Soul'

We want to bridge divides to reach everyone. A selection of the most viewed stories this week on the Monitor's website. Every Saturday Hear about special editorial projects, new product ...

Healed of addiction

RMA's journey is also excellent inspiration for those living the twelve steps and seeking to awaken their past experiences as they recover from the trauma of addiction. We sift through this volatile ...

RMA's newly released "The Lead: A...

He saw a therapist at school, but that didn't help much. Not because the therapist was bad, Leonard says, but because he still wasn't letting his feelings go. The brothers had talked about playing ...

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Colts' initiative aims to help end stigma around mental health issues

And vision depends on spiritual and religious values. You need not be a member of a church, synagogue, or mosque to appreciate this dependence. In fact, you need not be religious at all. Most people ...

Prophetic Vision

If there's even a chance that taking ibogaine will help a person overcome addiction, many are willing to try it ... Amber started a nonprofit called Veterans Exploring Treatment Solutions (VETS) to ...

Inside Ibogaine, One of the Most Promising and Perilous Psychedelics for Addiction

The traditional use of the drink The Ayahuasca drink has been used by the people of South America since ancient times for

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spiritual ... It may help to overcome any kind of addiction Sipping ...

Ayahuasca: Benefits, risk and everything you need to know about this drink

Suffering with ADHD as a child, Jennifer shared that mental health challenges drove most of his addiction.

Overcoming Drug Overdose Stigma: A Mother's Plea to Pastors and Parents

Soon, dozens of other Vermonters came forward to share their own stories about how ayahuasca had helped them overcome addiction ... emotional and spiritual healing. Cina acknowledged that his ...

Some Vermonters Turn to Ayahuasca as a 'Last Resort' to Heal Their Bodies and Minds

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I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression by ... Offers support, guidance, and solutions for parents, friends, partners and others who have loved someone with an ...

Help Yourself or a Friend

It is my belief that salient therapy treats a client in 3 different directions: top-down (spiritual ... love addiction in marriage is common and inevitably leads to betrayal and hurt. Overcoming ...

Psychology Today

Fighting Firewater Fictionscalls for community re-organization around a band development policy that looks beyond the reserve.

Fighting Firewater Fictions: Moving Beyond the Disease

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Model of Alcoholism in First Nations

These processes are typically facilitated and coordinated with the help of a specially trained counselor or therapist working in conjunction with a qualified spiritual teacher or guide," the ...

Rabbonim OK Therapy for Homosexuals

While the mental-health problems are daunting, Ross said, the solutions have proved elusive ... became the founding program director for the Overcoming Adversity and Stress Injury Support ...

Conference Puts Focus on Helping First Responders Deal with Toll from Repeated Trauma

In this podcast Yoga Journal editors interview thought leaders, experts, teachers, and disruptors about the creative, practical, and spiritual issues flowing ... and how to kick a smartphone addiction ...

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Yoga Journal Podcasts: The Yoga Show

Rivers, 37, is a fitness instructor and studio owner, but felt a sudden, spiritual call to extend ... with fresh ideas and fresh solutions in tow.

Female truckers have become TikTok influencers, and they're changing the transportation game

Her parents were both deeply spiritual and encouraged their children ... about his own experiences and the history of trauma and addiction in his family. "You kind of feel like you need help ...

Colts' initiative aims to help end stigma around mental health issues

From a foundation of compassionate care, clinical expertise, and unconditional love, we nurture teens' physical, psychological, social, educational, and spiritual needs. Driven by our mission to

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